See what previous FLTAs said about their experiences!

“Fulbright is that one prestigious program that would bring out the best in you, whether you are prepared for it or not! The program changes the perspective through which I see the world for better and teaches me how well to navigate challenges and come out at the end with a winning smile. Just wonderful!”
-Gabriel Bamgbose, Nigeria, New York University

“I came to the US hoping to open doors, but what I saw was the whole world opening itself to me…”
-Lidiana de Moraes dos Santos, Brazil, University of Miami

“Apply to the Fulbright FLTA program, you won’t regret it!”
-Chloë Bouquemont, France, Gardner-Webb University

Questions about applying?
If you are interested in learning more about the Fulbright FLTA Program, please visit the your home country’s Fulbright Commission or U.S. Embassy website. Application timelines and resources can be found on the websites or by contacting the Commission or U.S. Embassy Public Affairs Section directly. Contact information for participating countries can be found online at www.foreign.fulbrightonline.org.

Email: FLTA@iie.org
Facebook: The Fulbright Program
Twitter: @FulbrightPgrm
Instagram: The_Fulbright_Program

Visa and Program Information
Fulbright FLTAs live and study in the U.S. on a J-1 Exchange Visitor visa as non-degree students. The Fulbright FLTA Program does not sponsor J-2 visas for spouses or dependents. Fulbright FLTA sponsorship is for a single academic year, and is neither renewable nor transferable. Receipt of the Fulbright grant and a J-1 visa entails a commitment to completing a two year home country residency requirement prior to applying for another U.S. visa status.

Sponsored by the Bureau of Educational and Cultural Affairs U.S. Department of State
The Fulbright Program
As the U.S. Government’s flagship international exchange initiative, the Fulbright Program supports educational exchanges that strengthen understanding and communication between the U.S. and over 140 countries. More than 1,500 Fulbright Foreign Fellows enter U.S. academic programs and institutions of higher education each year. The program offers insight into U.S. society and culture to future leaders from around the world.

What is the Fulbright Foreign Language Teaching Assistant Program?
The Fulbright Foreign Language Teaching Assistant (FLTA) Program is an opportunity for early-career educators — primarily English teachers — or teachers in training to refine their teaching skills, increase their English language proficiency and extend their knowledge of the cultures and customs of the United States while strengthening the instruction of foreign languages at U.S. colleges and universities.

The FLTA program is sponsored by the U.S. Department of State, Bureau of Educational and Cultural Affairs, and administered by the Institute of International Education.

Who are Fulbright FLTAs?
Fulbright FLTAs are early-career teachers or graduate students from around the world who are selected by Fulbright Commissions or U.S. embassies through an open, merit-based competition in their home countries. In order to apply to be an FLTA, you must have the equivalent of a U.S. bachelor’s degree. FLTAs are enthusiastic about teaching their native language and culture to U.S. students. They have demonstrated leadership skills, independence, and the ability to motivate language learners and they are eager to represent their societies in American communities.

What happens in the year of a Fulbright FLTA?
In the Fulbright FLTA program, grantees spend one academic year at a U.S. institution of higher education where they teach their native languages and take at least two courses per semester. They also share their cultures, values, and languages with Americans through clubs, language groups, cultural events, and activities in their wider host communities. When program participants return home, they have improved English proficiency and can speak with first-hand knowledge of the United States, its culture, and its people.

What is included in a participant’s award?
As a Fulbright FLTA, participants will receive a tuition waiver for coursework and a financial grant to cover living expenses at their host institution. FLTAs also receive roundtrip international airfare and a health benefits plan while in the U.S. Participants attend an orientation session at the outset of the FLTA program and a mid-year Fulbright conference with fellow FLTAs.

What do U.S. host institutions expect of an FLTA?
Each hosting U.S. college or university determines FLTA responsibilities based on the pedagogical needs of their language programs. FLTAs are assigned to host institutions based on their experience and level of comfort leading classes. Many FLTAs teach beginning and intermediate courses or offer tutorial sessions to improve students’ language acquisition. FLTAs often have additional responsibilities outside of the classroom adding an energetic, up-to-date cultural component to language learning by hosting language tables, cooking sessions, cultural presentations and other co-curricular events on campus.

What do FLTAs study in the U.S.?
All FLTAs are sponsored as J-1 non-degree students and are required to take two courses per semester (or one per quarter). Coursework must be academic in nature and must relate to professional development. FLTAs must also take at least one course in U.S. studies during the academic year. Coursework is offered on either an audit or credit basis by U.S. host institutions. FLTAs are offered assistantships at both graduate and undergraduate institutions. The level of coursework offered, whether graduate or undergraduate, is reliant on the institution type.