

FULBRIGHT-ISEF VISITING SCHOLAR PROGRAM

מלגת בתר דוקטורט לישראלים היוצאים למחקר בארה"ב

Instructions for Completing the 2025-2026 Fulbright-ISEF Post-doctoral Program Application

Read all instructions carefully before completing the application.

Applications due December 1, 2024

Application: <https://apply.iie.org/fvsp2025>

ISEF candidates please note:

In addition to the online application form, Fulbright-ISEF candidates must fill out the questionnaire on page 3, save it in a separate document and email to Fulbright Israel commission by **November 27, 2024** to ILprograms@fulbright.org.il . This Addendum is separate from the Slate System.

Additional Letters of Reference

In addition to the three academic letters, ISEF applicants should request two letters from responsible officials of two organizations/programs with which the applicant has been involved in community service activities. The letters should be on official letterhead paper, describing and evaluating the applicant's contribution to the organization/program and sent by November 27, 2024, to ILprograms@fulbright.org.il.

Application Checklist

A complete application consists of:

- ISEF candidates: email ILprograms@fulbright.org.il with ISEF Addendum (page 3) and 2 letters from organizations by November 27, 2024.
- Application form
- Project statement
- Bibliography
- Curriculum vitae
- Three, signed letters of recommendation on letterhead paper
- Letter(s) of invitation, if available
- Copy of passport bio-data page including the barcode (passport used for grant travel must be valid until the end of the Fulbright grant period).
- Previous J-1 or J-2 (DS2019) forms, if applicable

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ISEF Addendum

Please fill out the following:

Parents Address:

Parents Education:

1)

2)

Parents Occupation:

1)

2)

Please tell us about yourself in a few sentences: Please mention the environment you grow up in, challenges and difficulties you had to overcome.

Are you currently active as a volunteer, or have you taken part as a volunteer during the last 6 years, in a community service organization/program? Yes No

If yes:

1. Name of the organization/program: _____

Address: _____

Period of activity: from__ (year) to____ (year)

Describe briefly the organization /program and your role in it, including leadership activities:

Do you/did you receive payment of more than NIS 500/month for your activity in the organization/program

Yes No

2. Name of the organization/program: _____

Address: _____

Period of activity: from__ (year) to____ (year)

Describe briefly the organization /program and your role in it, including leadership activities:

- Attach additional pages, if it is necessary to report on more than 2 organizations/programs.

Discuss your plans for further community service activities in the future:

General Information

The application is supported by all modern browsers. We highly recommend that you use a current version of [Google Chrome](#), which supports Windows, Mac, and Linux platforms.

Prior to starting an application, please complete the following steps:

Step 1: Learn requirements for submitting an application

Before you begin an application, contact the Fulbright Program Office in the country from which you are applying. You must make sure you are eligible to apply. A complete list of eligibility criteria can be found at Fulbright Israel website: www.fulbright.org.il

Step 2: Record user name and password in a safe place

Your email address is your user name. When you create an account for this online application, record your password in a secure place. You can log in and out of the application as frequently as you like using your user name and password. If necessary, you can reset your password by clicking the “Forgot Your Password” link on the log-in page.

Step 3: Complete the application

You do not need to complete this application at one time. You can re-enter at any time to edit your application. However, once you SUBMIT your application, you CANNOT make changes to it.

To complete your application correctly, please answer all questions completely and carefully. Review these additional tips:

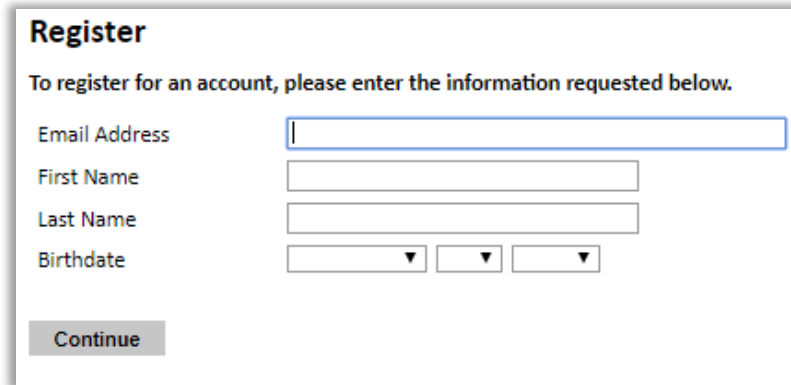
- Use upper and lower-case letters (e.g. John Smith). Avoid using all capital letters (e.g. JOHN SMITH). Do not use special characters, such as accent marks.
- You can copy and paste information into all text boxes.
- Limit your responses to the space provided in all text boxes.
- Prepare required documents and save them in PDF format. It is highly recommended that to preserve any formatting and special characters in your documents, you upload them in PDF format.
- Some questions are “required.” They are marked with an asterisk (*). You will not be able to submit your application until all required items are complete.

Step 4: Submit the application

Once you have entered all required information, including recommenders, review your application for errors. If all information is correct, submit your application. Once you submit you CANNOT make changes to your application.

Creating Your Online Account

1. To start, click *Create an account*.
2. Enter your email address, first name, last name, and select your date of birth (Month-Date-Year) from the drop-down menus. **Your name must be entered exactly the way it appears (or will appear) on your passport.**



Register

To register for an account, please enter the information requested below.

Email Address

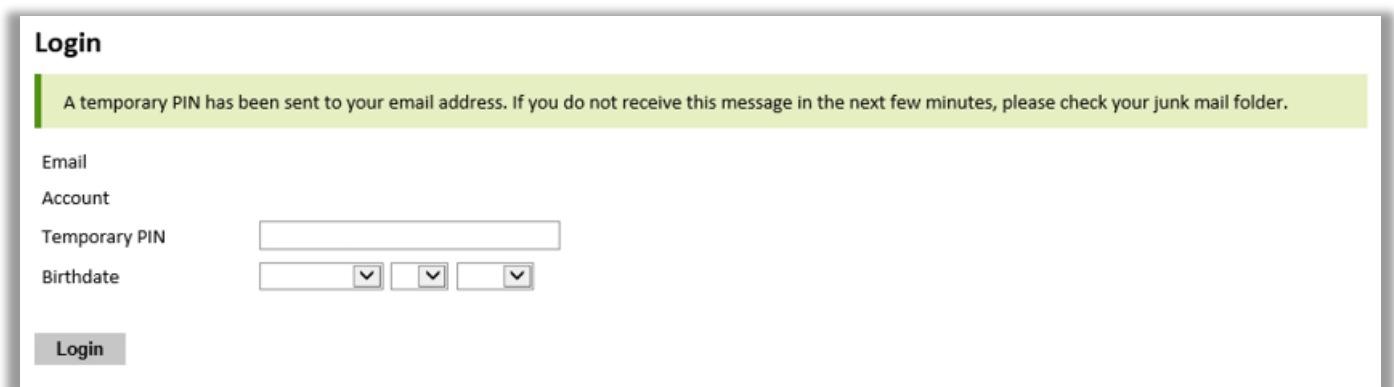
First Name

Last Name

Birthdate

Note: Use an email address that you will be able to access for at least two years after submitting your application. This is the email address you will use to log in to your application account. We recommend you do NOT use a work email address if you will not have access to it during your grant in the U.S.

3. Click Continue. You will receive an email from apply@iie.org confirming that you have started the application. The email will include a temporary PIN. Follow the instructions in the email to activate your account using the temporary PIN.
4. You will be prompted to enter your pin and then create a password to complete login.



Login

A temporary PIN has been sent to your email address. If you do not receive this message in the next few minutes, please check your junk mail folder.

Email Account

Temporary PIN

Birthdate

Set Password

To protect the security of your account, please specify a new password. The password must meet complexity requirements.

New Password

New Password (again)

- ✘ At least one letter
- ✘ At least one capital letter
- ✘ At least one number
- ✘ Be at least 12 characters
- ✘ New passwords must match

5. Returning users: Click *Log in* and enter your email address and password. If you do not remember your password, click *Forgot your password?* and follow the resulting instructions.

Managing Your Application

EDITING YOUR APPLICATION PRIOR TO SUBMISSION

1. You may log in at any time to review and edit your application form, upload documents, and enter recommender information.
2. Remember to save your application after completing each page by pressing the *Continue* button at the bottom of each page.

Note: The application will automatically log you out after 60 minutes of inactivity, so it is best to save your application frequently.

REVIEWING YOUR APPLICATION AFTER SUBMISSION

1. After you SUBMIT your application, you CANNOT make any changes.
2. You may continue to log in to your account to view the information you have submitted, save a PDF of your application form, and manage your recommenders.
3. You can manage your recommenders by clicking on the *Recommendations* section of the online application.

LETTERS OF RECOMMENDATION

1. Letters of recommendation will be submitted directly to Fulbright by the recommenders you registered via your application.
2. Letters of recommendation and language evaluations may be submitted before or after you submit the application.
3. If your recommender is unavailable, you will have the option to exclude the recommender and add an alternative after you submit the application.

Preliminary Questions

These questions address essential program eligibility. All questions are required.

[Home](#)
[Welcome](#)
Preliminary Questions

Preliminary Questions

Questions marked with an asterisk (*) are required of all applicants for submission.

Through which program country are you applying?*

To which academic year are you applying?*

Do you hold or are you applying for:*

a) U.S. citizenship;
c) Dual citizenship with the U.S.; or
b) U.S. permanent residency?

Yes
 No

Have you reviewed and do you meet all program eligibility requirements for the country through which you are applying?*

Yes
 No
 Unsure

Continue

1. Select the country through which you are applying for the Fulbright grant from the dropdown menu: Israel
2. Select the appropriate program year from the dropdown menu: 2025/26
3. U.S. Citizenship, Dual Citizenship with the U.S. or Permanent Residency: select 'yes' or 'no' to indicate your response.
 - a. Applicants cannot be U.S. citizens or permanent residents of the U.S. to participate in the Fulbright Visiting Scholar Program.
4. Select 'yes', 'no', or 'unsure' to indicate if you are aware and meet all program eligibility requirements.
 - a. Please review the program eligibility requirements for the country through which you are applying before proceeding.
5. Click *Continue* to save your responses and advance to the next section.

Country Information

1. Review all information in this section!
2. Note any country-specific and award-specific instructions for completing the rest of the application, including:
 - a. Country website
 - b. Deadline information
 - c. Open application cycle
 - d. Additional required materials
3. If prompted, you must select an Award before proceeding.
4. Click *Continue* to proceed to the next section

Data Privacy

1. Carefully review the Data Privacy information. If prompted, indicate your acceptance of data privacy terms by selecting 'yes' or 'no'.
2. Click *Continue* to proceed to the next section

Personal Information

Enter all required biographical information.

1. Enter your name exactly as it appears on your passport. Only enter a preferred name if it is DIFFERENT than your legal name (e.g. Alex instead of Alexander).
2. If your name is recorded differently on any previous records, list it in the Name on Previous Records section (e.g. maiden name).
3. The birthdate that you used to create your account will automatically appear.
4. Enter your city of birth, country of birth, sex (as it appears or will appear on your passport or travel document), preferred gender identity, marital status, and number of dependents.
5. Select your country of citizenship and country of residence from the dropdown menus provided.
6. If applicable, enter your national identification number and any additional countries in which you hold citizenship.
 - a. To select multiple countries, hold down the CTRL (PC) or Command (Mac) button when selecting options.
7. Click *Continue* to save your responses and advance to the next section.

Contact Information

Enter all required contact information.

1. Select the country where you live from the dropdown list first when entering your permanent address (i.e. physical address where you live).
 - a. Based on your country selection, the subsequent fields will change to match the address format of that country.
 - b. Complete the remaining address fields. Do not use accents or special characters.
2. Select 'yes' or 'no' to indicate if your current mailing address (i.e. the address where you receive mail) is the same as the permanent address you entered above. *They do not have to be the same.*
 - a. If you answer 'no,' then a second address section will appear where you may enter your mailing address information.
 - b. If you answer 'yes' to this question, proceed immediately to the next section.
3. Enter your contact numbers as appropriate. Include the country code. If the field turns red, please review the numbers that you have entered to look for any errors. Please make sure you enter your personal cell phone number where you can be reached.
 - a. To find the correct country code, click on the blue 'country code' link
4. The email address used to create your account will appear in the primary email address field and will not be editable. You may provide an Alternate/Secondary Email that can be used to contact you if Fulbright Program officers cannot reach you via your primary email address.
Note: All system-generated emails will continue to go to your primary email address.
5. Entering emergency contact information is not required unless directed by the country-specific instructions. If you would like to provide emergency contacts in your home country, please enter the appropriate information. The individuals you list may be contacted in the event of an emergency while you are participating in grant activities, including any required travel for interviews in your home country.
 - a. When entering the address, choose the country that corresponds to your emergency contacts' address first and the following fields will update to match the address format of the selected country.
6. Click *Continue* to save your responses and advance to the next section

Academic & Professional Information

This section collects information about your academic and professional background, including your curriculum vitae/resumé, academic degrees, professional experience, organizational memberships, letter of support from home institution, experience abroad, and previous Fulbright grants, if applicable.

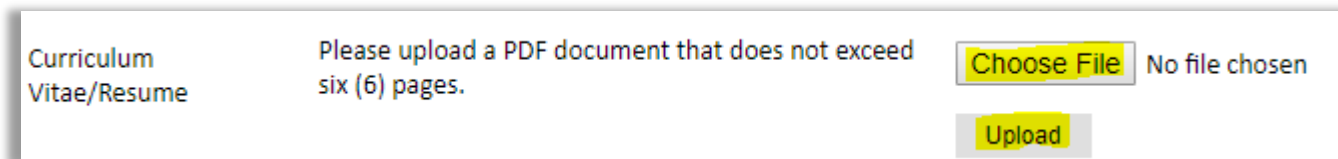
Prepare and upload documents in PDF format as required (*). Note any page limits and ensure your documents do not exceed page limits.

Curriculum Vitae/Resume

1. Upload your curriculum vitae/resumé in PDF format that does not exceed six pages.

Note: If your file exceeds 6 pages, an error message will appear on the Review page and will prevent submission of your application.

- a. Click *Choose File*
- b. Locate and select the file that you previously saved to your computer
- c. Click *Open*
- d. Click *Upload* to complete the file upload



The screenshot shows a form field for 'Curriculum Vitae/Resume'. The text inside the field reads: 'Please upload a PDF document that does not exceed six (6) pages.' To the right of the text is a 'Choose File' button. Below the text and button is an 'Upload' button. The text 'No file chosen' is visible to the right of the 'Choose File' button.

The Curriculum Vitae content guidance

The CV describes academic credentials and demonstrates a record of scholarly achievements (document should not exceed six pages). When composing the CV, it is important to include:

- Education (universities attended, degrees earned and dates received. Please mention the full name of your PHD supervisor)
- Professional positions held
- Courses taught and other services provided to students and the home institution
- Publications (provide full citations and list them starting with the most recent)
- Other professional activities, such as workshops, seminars and consultations
- Membership and activities in professional associations
- Professional honors, awards and fellowships
- Community service

Academic Background

2. List all post-secondary educational institutions from which you have received a degree or academic credential. You **MUST** include any education institutions you are currently attending (even if you have not yet completed your educational program) and estimated date of graduation/completion.
 - a. Click *Add Institution*
 - b. Type in the name of the institution
 - c. Choose the level of study (graduate or undergraduate) from the dropdown menu
 - d. Select the country where the institution is located from the dropdown menu
 - e. Enter the appropriate city and region/state
 - f. Provide the website of the institution (optional)
 - g. Select the U.S. equivalent of the degree or diploma earned (e.g., BA – bachelor’s degree)
 - h. If relevant, provide the actual name of the degree or diploma (e.g., license)
 - i. Enter the discipline in which this degree or diploma was earned
 - j. Select the month and year of the date this degree was received (Month – Year format) from the drop down menu
 - If a degree is in progress, list expected date of conferral for Date Degree Received.
 - k. Click *Save*.

Educational Institution	
Institution*	<input type="text"/>
Level of Study*	<input type="text"/>
Institution Location (all address fields are required)*	
Country	<input type="text" value="United States"/>
City	<input type="text"/>
State	<input type="text" value="Select State"/>
Website	<input type="text"/>
Name of Diploma or Degree Equivalent*	<input type="text"/>
Actual Name of Degree or Diploma	<input type="text"/>
Discipline*	<input type="text"/>
Date Degree Received*	<input type="text"/> <input type="text"/>
If a degree is in progress, list expected date of conferral for Date Degree Received.	

3. To add additional entries for post-secondary educational institutions, click *Add Institution* and follow the bulleted instructions above.

Current Professional Profile

4. List your current professional affiliation or employer by clicking *Add Experience* under Position Title
 - a. Choose the role which most closely corresponds to your current role from the dropdown menu
 - b. If you are an independent/unaffiliated scholar, check the box underneath the Current Role field. The Institution Name and Department Name fields will disappear after the box is checked
 - c. Enter your current position title (e.g. Director, Assistant Director, etc.)
 - d. Enter the name of the institution and, if relevant, the department where you are currently employed
 - e. Enter the start and end dates for the position you entered (Month-Year format). If you are currently employed in this role, leave the End Date fields blank.
 - f. Select the country where your current place of employment is located from the dropdown menu. Enter in the street address, city, state/region, and post code as applicable
 - g. Click *Save*

Professional Experience

Current Role*

I am an independent/unaffiliated scholar.

Position Title

Institution Name*

Department Name

If you are currently employed, please leave the End Date field blank.

Start Date

End Date

Institution Address

Country*

Street Address*

City*

State/Region*

Postal Code*

5. If you have more than one current position, click *Add Experience* and follow the instructions above.
6. List your most significant professional accomplishments, honors and awards, and up to three significant publications in the text box.
 - a. List no more than five accomplishments, honors, or awards
 - b. Separate each entry with a semicolon (;)
 - c. 700-character limit

Organizational Memberships

7. List up to four professional memberships in cultural, educational, and professional organizations.
 - a. Click *Add Organization*
 - b. Enter the name of the organization
 - c. If you held an elective office in the organization, enter the name of your role (e.g., Treasurer)
 - d. Enter the start and end dates (Month-Year format) that correspond with your membership in this organization.
 - If you are still an active member, leave the End Date blank.
 - e. Click *Save*

Organizational Membership

Organization

If you held an elective office, list this in your Role.

Role

Start Date ▼ ▼

If you are still an active member, leave the End Date blank.

End Date ▼ ▼

Letter of Support from Home Institution

Not required for Fulbright Israel.

Experience Abroad

8. List any professional travel and/or residence abroad exceeding three (3) months during the last six years:
 - a. Click *Add New*
 - b. Select the country in which you spent your professional travel and/or residence abroad from the dropdown menu provided
 - c. Select the start and end dates (Month-Year format) of you travel/residency
 - d. Enter the purpose of your travel abroad
 - e. Click *Save*

Experience Abroad

Country*

Start date:*

End date:*

Purpose of Travel Abroad:*

9. If you have more than one trip abroad to enter, click *Add New* again, and follow the bulleted instructions until all entries have been saved.
10. Select 'yes' or 'no' to indicate if you have previously entered the United States on a J-1 or J-2 visa
 - a. If 'yes', you are required to select the J category of sponsorship from the list and upload a copy of your previous DS-2019

Previous DS-2019(s) Please upload a copy of your previous DS-2019(s). No file chosen

**If you have participated in a J-1 or J-2 visa exchange program in the Professor or Research Scholar categories, please check with your Fulbright Office to confirm you are eligible to apply for the program at this time.*

11. Select 'yes' or 'no' to indicate if you have previously been awarded a Fulbright grant.
 - a. If 'yes', you are required to list the grant(s):
 - Click *Add Grant*.
 - Select the Fulbright award type from the dropdown menu provided (e.g., Fulbright FLTA, Fulbright Foreign Student, etc.)

- If you select “Other (please specify)”, enter in the name of the Fulbright grant that you received in the “Other, please specify” field
- Select the academic year that corresponds to the year in which you received the Fulbright grant.
- Click *Save*

Previous Fulbright Grants

Award Type*

Previous Grant Year*

12. If you are applying for another Fulbright Scholar Opportunity, please provide justification as to why you should be considered for another award in the text box.

13. Click *Continue* to save your responses and advance to the next section

Language Skills

This section collects information about your native language, English language skills, and any additional languages that are relevant to your project proposal.

1. Select your native language from the dropdown menu provided.

English Language Proficiency

If your native language is not English, a section collecting your English language proficiency will appear.

2. Rate your English language proficiency in Reading, Writing, and Speaking. Select Native, Advanced, Intermediate, Beginner or No Ability from the dropdown menus as appropriate.

Additional Language Skills

3. Select the number of additional languages that you would like to include that may be of use for your project or study plans.
4. Select the language you are reporting from the dropdown menu and rate your proficiency in Reading, Writing, and Speaking. Select Native, Advanced, Intermediate, Beginner or No Ability from the dropdown menus as appropriate.
5. Click *Continue* to save your responses and advance to the next section

Project Proposal

This section collects information about your proposed project.

1. Select **Research** as the category of grant for which you are applying.
2. Enter your Project Title
3. Enter a summary of your Project Proposal in the text box (maximum of 700 characters)
4. Upload a detailed project statement of three (3) to five (5) pages in PDF format
 - a. Click *Choose File*
 - b. Locate and select the file that you previously saved to your computer
 - c. Click *Open*
 - d. Click *Upload* to complete the file upload
5. Upload a Bibliography of one (1) to three (3) pages of references in PDF format following the instructions above.
6. Select the most appropriate academic discipline for your project from the dropdown menu.
7. Select the most appropriate primary specialization from the dropdown menu.
8. Enter a brief description of the area of the field in which you plan to specialize/conduct research in the United States in the text box.
 - a. Some fields will ask you if you'd like to upload portfolio materials as part of your application. Select 'yes' or 'no'
 - b. If you select 'yes,' you will be directed to upload your materials on the next page. Please follow the upload instructions listed.
9. Select your proposed grant length (in months) from the dropdown menu
10. Enter your proposed grant start and end dates (Month-Day-Year format)
11. Indicate whether you have already made affiliation arrangements with a U.S. Host Institution by selecting 'yes' or 'no'
 - a. If 'yes', add the Host Institution by selecting *Add Institution*
 - Enter Institution Name
 - Enter Name and Contact Information of the person at the Institution who will be

- your primary contact
 - Enter the address of the Institution
 - Indicate whether you have received a letter of invitation
 - Click *Save*
 - Upload the Letter of Invitation (if available) by clicking *Choose File*
- b. If 'no', list any host institution preferences in order of priority by selecting *Add Institution*
 - Enter Institution Name
 - Enter Name and Contact Information of the person at the Institution who you have communicated with previously, OR the main contact for the department that you are interested in joining
 - Enter the address of the Institution
 - If you are in contact with the Institution, enter the date (Month-Day-Year form) of your initial contact
 - Enter a reason for the suggested affiliation
 - Click *Save*

12. Click *Continue* to save your responses and advance to the next section

Project Proposal Content Guidance

- The project statement is the most important component of the Fulbright application. Scholars with the most compelling, theoretically sound, well-written, feasible proposals are generally recommended for awards. Sometimes those with outstanding professional achievements assume that a brief, general project statement will be sufficient; it is not. To ensure a competitive application, your proposed project, as well as the strategy for completing it, should be thoroughly explained in three to five single-sided pages.
- Do not exceed the character limit of the proposal. Including irrelevant or extraneous material may divert attention from the project statement.
- Begin the project statement with your name, country and the project title at the top of page one. At the top of each subsequent page, type your name and country. At the bottom of the last page, type "word count:" and the number of words in your proposal, for example: word count: 2405.

General Guidelines

- Length of proposal: no less than 2000 words and no more than 3000 words.
- Font: David 12, 1.5 space between lines, use tab to indicate a new paragraph.
- Keep your proposal simple and straightforward so that an educated reader from another discipline can understand it.

Organize your proposal in order of the following points, which appear in bold print, and use them as headings for sections of text in your statement:

Background: Introduce the research topic. Place the project in academic or professional context by

referring to major works by others on the subject.

Objectives: Clearly define the aims of the project.

Methodology: Describe the project. Explain the approach, methods and plan you will use (for example, interviews, library or archival research, or laboratory experiments). Indicate whether the proposed research is quantitative or qualitative.

Significance: Explain the importance of the project for the field, your home country and your own professional development. Indicate what effect you expect the opportunity to have on your teaching or professional work in your home country. (For example: new approaches to curriculum planning, student advising or pedagogy; expanding knowledge in the field through collaboration with U.S. colleagues). Describe briefly the expected impact of your participation on your home institution, community or professional field.

Evaluation and Dissemination: Describe plans for assessment and distribution of research results in your home country and elsewhere.

Justification for Residence in the United States for the Proposed Project: Indicate why it is necessary to conduct the research onsite in the United States.

Duration: Explain how the project can be completed within the time period proposed.

Other: If applicable, indicate the quantity, format and transportation requirements for any botanical, zoological or mineral samples that you will need to bring to the United States for analysis.

- When you submit your project proposal you may notice this prompt:

Project Statement may not exceed five (5) pages in length.

You can ignore this prompt

Additional Guidance

In addition to following the format carefully, the following advice has been passed on from former Fulbright Scholars and review committees that may assist you in preparing a more competitive and ultimately successful Fulbright application.

- Submit a clear and complete project statement that introduces you professionally to your colleagues in the United States. The best applications are those that reflect the applicant's purpose and intent.
- Make sure that your qualifications and expertise match the objectives in your project statement. You should be able to show that you are qualified to accomplish what you are proposing to do.
- Emphasize how your project will benefit the host institution or other scholars in your field both in your country and in the United States. Address in your project statement the ways in which you will use the experience upon your return. What is the likely impact of your experience abroad? How will you use what you learned upon your return, professionally and personally?

- Connect your past experience to what you are preparing to do if you receive an award. Explain the project’s significance and its importance to the field. Focus on what can be reasonably accomplished during the period of the grant.
- Do not assume that your suitability for the project is self-evident. Your standing in your field may not be well known to reviewers. You need to make a case for yourself based on your past experience and current scholarly endeavors. Explain the significance of your project in language that will be understood by reviewers from outside your field.
- Do not stress only how a Fulbright grant will benefit you or your career. Remember that the program is intended to foster mutual understanding between cultures and nations.
- Be specific in describing your previous work and in laying out the nature of your proposed Fulbright activity. A frequent failing in applications is that the proposal is underdeveloped or too imprecise to give reviewers a clear sense of the endeavor.
- Express what you can bring to the program clearly and succinctly. Think of the basic questions that need to be answered: Why should I apply for a Fulbright award to come to the United States? If selected, what will I do and how will I do it? What preparations have I made to complete the project? What can I contribute to the Fulbright Program? What will the results of my participation be? Include only the most pertinent information in forming your responses so as not to exceed the page restrictions. At the same time, you should avoid writing a proposal so brief that it will be difficult for the reviewer to understand the project.
- Emphasize key points in the first paragraph of the proposal. Reviewers examine many Fulbright applications, and having to search for the main points of the proposed activity is not helpful. You should use the rest of the proposal to support your statements in the opening paragraphs.
- Pay attention to style in your proposal. You may want to use the first person, but you should avoid flooding your proposal with “I’s” or referring to yourself in the third person.
- Keep your proposal simple and straightforward so that an educated reader from another discipline can understand it.

Grant and Travel Plans

This section gathers information on your personal finances, additional grants you may have applied to/received, passport, and accompanying dependents. Please note that these sections may not be required if you are from certain countries. Review country-specific information before completing.

1. Select ‘yes’ or ‘no’ to indicate if you have other sources of financial support during your Fulbright grant
 - a. If ‘yes’, select the number of other sources of funding you expect to receive
 - Enter Source Description (e.g., NSF grant)
 - Estimated Amount (in U.S. dollars)
 - The Other Funds Total field will automatically update based on the amounts provided above
 - Upload supporting documentation by selecting *Choose File*

2. Indicate if you are planning to apply for other sources of funding to supplement the Fulbright grant award in the text box (700 character limit). Include the course and amount for all funding.
3. Upload a copy of your passport or travel document by selecting *Choose File*
4. Select the number of dependents you intend to have accompany you the U.S. (select 0 if you do not have dependents or your dependents will not accompany you the U.S.)
 - a. Enter required information for each dependent, including relationship to you, name, date of birth, sex, country of citizenship, previously held U.S. J-1 or J-2 visa, and intended length of stay in the U.S.
5. Click *Continue* to save your responses and advance to the next section

Additional Information

Use this section to upload any required additional documentation.

Complete the Outreach Survey.

Click *Continue* to save your responses and advance to the next section

Recommendations

Use this section to register your recommenders.

- According to U.S. academic institutions asking immediate family members (spouse/partner/siblings/parents and the like) letter of recommendation has an angle of partiality.
- You must submit three letters of reference. Do not submit more than three references. When you register and enter details of your referees, they will each be sent instructions via email by the system for how to submit their online reference for you. However, the email they receive will not indicate the deadline for submitting their reference letter. Inform your referees that they are expected to submit their Letters of Reference by the deadline date.
- All references should be written in English and typed on institutional letterhead and signed.
- **One reference must be written by your doctoral advisor.**
- **Please Mention clearly who your advisor is by writing: “PhD Advisor” in the relationship status.**
- Once you register your recommenders, they will receive an automatic email with instructions on completing the online recommendation form. The message may be caught by spam/junk email filters, so please inform your referees that they should look for their email a few minutes after you register their details.
- You can track the status of recommendations, send reminders, and add/delete recommenders through this system before **and** after submission of your application.
- You will be sent an email notification when each of your referees submits their reference.

1. Click *Add Recommender*
2. Complete all fields in the pop-up form:

The screenshot shows a pop-up window titled "Add Recommender". It contains the following fields and controls:

- Prefix:** A dropdown menu with a downward arrow.
- First Name:** A text input field.
- Last Name:** A text input field.
- Institution:** A text input field.
- Position/Title:** A text input field.
- Relationship:** A text input field.
- Telephone:** A text input field.
- Email:** A text input field.
- Note:** A text block stating: "Note: Applicants are encouraged to provide a professional email address for their recommenders (i.e. institutional email address for a professor, a corporate email address for a supervisor) when possible".
- Personal message to recommender:** A large text area for entering a message.
- Message:** A text block stating: "You may include a personal message for your recommender here. If your program has a recommend deadline, please use this message to communicate this deadline to your recommender."
- Buttons:** "Send To Recommender" and "Cancel" buttons at the bottom.

3. Click *Send to Recommender* to generate automatic email to recommender
4. Click *Continue* to save your responses and advance to the next section
5. Once sent, you will have the option to Edit Recommender information if they have not yet started progress on their response and Save, Send Reminders, and Exclude if you wish to remove the recommender and replace with another individual.

Edit Recommender

Prefix

First Name

Last Name

Institution

Position/Title

Relationship

Telephone

Email

Personal message to recommender

Status **Sent to recommender on 12/20 at 11:18 AM**

Signature

Certify that the information you provided in the application is true and complete by typing your full legal name in the Signature Box:

In place of your signature, please type your full legal name:

Click *Confirm* to continue to the next page.

Review

The application will review the responses entered and will display any incomplete questions and required attachments that are missing.

- If no errors appear, then your application is ready for submission.
- If any errors appear, correct or complete these sections and return to the Review section to determine if your application is ready for submission.

REVIEW ALL RESPONSES. CLICK SUBMIT.